## One reality, many perspectives, fall 2021

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This course will be a journey through different stages of our consciousness: how things really are versus how they can appear to us. We will explore different types of minds – creative, dreaming, psychedelic, psychotic, and autistic.

1. The concept of mind, the conscious - 24. 9.

Reading:

M. Solms - Before and after Freud (pdf) from book The Hidden Spring

The Source of Consciousness - https://www.youtube.com/watch?v=CmuYrnOVmfk

(optional) T. Ogden - On three forms of thinking (pdf)

2. Feelings - 1. 10.

Reading:

M. Solms – Feelings (pdf) from book The Hidden Spring

3. Creative perspective – 8. 10.

Reading:

D.W. Winnicott - Playing and Reality (pdf)

4. Dreaming perspective - 15. 10., 22. 10., 29.10.

Reading:

M. Solms - The stuff of dreams (pdf) from book The Hidden Spring

5. Psychedelic perspective – 12.11.

Reading:

M. Pollan – Your brain on psychedelics (pdf)

<u>https://www.latimes.com/opinion/story/2021-08-29/op-ed-psychedelic-treatments-are-here-but-doctors-arent-prepared</u>

6. Psychotic perspective – 19. 11., 26. 11.

Reading:

L. Slater - Welcome to my country (pdf)

(optional) O'Shaughnessy – Psychosis: not thinking in a bizarre world (pdf)

7. Autistic perspective – 3. 12., 10. 12.

Reading:

Netflix documentary - Asperger's Are Us

(optional) J. Mitrani – Understanding the autism (pdf)

## Requirements

- 1. Classroom work mostly discussion, self-experience
- 2. Short essays

## Final evaluation

50% - 3 essays 1 - 3 pages each

## **Course Evaluation (%)**

excellent: A – 100-93%, very good: 92-84%, В – C good: 83-74%, satisfactory: 73-63%, D – E -62-51%, sufficient: Fx – fail: 50-0%.

Passing a course assumes that student was not absent at more than 2 lessons.